



CLASS SCHEDULE
EFFECTIVE May 17, 2021

1416 Sonoma Ave.
Santa Rosa, CA
(707) 568-4321
www.segalsata.com

CREATING TOMORROWS LEADERSONE BLACK BELT AT A TIME

	Monday	Tuesday	Wednesday	Thursday	Friday OUTDOOR
		FAMILY CLASS 11:00		FAMILY CLASS 11:00	
		Senior Strong		Senior strong	
	TIGERS 3:30-4:00	BEG KIDS 3:30-4:10	TIGERS 3:30-4:00	BEG KIDS 3:30-4:10	
	BEG KIDS 4:10-4:50	ADV KIDS 4:20-5:00	BEG KIDS 4:10-4:50	Adv Kids 4:20-5:00	Tigers 4:00-4:30
	ADV Kids 5:00-5:40	leadership 5:10-5:40	ADV Kids 5:00-5:40		BEG KIDS 4:40-5:20
	Color belt Kids + Adults 5:50-6:30	TIGERS 5:50-6:20	Color belt Kids + Adults 5:50-6:30	TIGERS 5:50-6:20	Purple -Jr BB 5:30-6:10
	BLACK BELTS 6:40-7:20	BEG KIDS 6:30-7:10	BLACK BELTS 6:40-7:20	BEG KIDS 6:30-7:10	Leadership/legacy 6:15
		Teen/Adult Color belts 7:15		Teen/Adult Color belts 7:15	Teen/Adult All Ranks 6:50